

## Positive Behaviour Support Training Workshops

Positive behaviour Support (PBS) is an approach to supporting people and the environments they are in. The focus is on the individual and their needs being at



the centre of any plans or interventions that are put in place. Interventions are considered successful when they lead to skill development or enhancement of positive social interactions across work, school, recreational, and community settings as well as a reduction in behaviours that challenge.

The main aim of PBS is to increase an individual's quality of life and in doing so reduce behaviours that challenge.

### Redstone Workshops Programme

Redstone provides a number of workshops aimed at increasing knowledge about PBS and how it can be implemented within services. Some of the workshops are aimed at understanding PBS and some are aimed at changing practice in the workplace. Used together these two approaches can support good implementation of PBS in a service or school.

#### ❖ Introduction to PBS – Full Day

This workshop is aimed at staff levels and provides the basic knowledge that everyone should have within an organisation wanting to implement PBS. It provides the background theory about PBS, the importance of values, understanding the functions of behaviour and the essential elements of PBS assessment and intervention. The contents of this workshop are mapped onto the PBS Academy competence framework for direct contact staff members (<http://pbsacademy.org.uk/pbs-competence-framework/>).

#### ❖ Intermediate PBS – Full Day

This workshop is aimed at staff in senior or manager positions who have already completed the Introduction to PBS. It provides more detail about the behaviour analytic theory behind PBS, how behaviours are maintained, an overview of

