

Positive Behavioural Support Training Workshops

Positive behavioural Support (PBS) is an approach to supporting people who may be at risk of presenting with behaviours that challenge. The focus is on the



individual and their needs being at the centre of any plans and interventions that are put into place.

Interventions are considered successful when they lead to skill development or enhancement of positive social interactions across work, school, recreational, and community settings as well as a reduction in behaviours that challenge.

The main aim of PBS is to increase an individual's quality of life and in doing so reduce behaviours that challenge.

Redstone Workshops Programme

Redstone provides a number of workshops aimed at increasing knowledge about PBS and how it can be implemented within services. Some of the workshops are aimed at understanding PBS and some are aimed at changing practice in the workplace. Used together these two approaches can support good implementation of PBS in a service or school.

❖ Introduction to PBS – Full Day

This workshop is aimed at staff levels and provides the basic knowledge that everyone should have within an organisation wanting to implement PBS. It provides the background theory about PBS, the importance of values, understanding the functions of behaviour and the essential elements of PBS assessment and intervention. The contents of this workshop are mapped onto the PBS Academy competence framework for direct contact staff members (<http://pbsacademy.org.uk/pbs-competence-framework/>).

❖ Intermediate PBS – Full Day

This workshop is aimed at staff in senior or manager positions who have already completed the Introduction to PBS. It provides more detail about the behaviour analytic theory behind PBS, how behaviours are maintained, an overview of

restrictive interventions and an introduction to functional assessment. Candidates are provided with an assessment process which supports the identification of appropriate changes within the support environment for a specific individual.

❖ **Practice Leadership: Experiential Workshop - Full Day**

This experiential workshop is for senior staff who have a supervisory or management role with staff in direct contact role. The workshop introduces the concept of practice leadership and provides practical guidance on how to implement this approach.

❖ **Understanding PBS for SENCO's, SEN teachers and Teaching Assistants – Half Day**

This half day workshop is for teachers and teaching assistants working with children who have SEN. It provides a basic introduction to PBS and covers how implementation of this approach can help schools to meet the needs of children with special educational needs. The two main elements of PBS are discussed, PBS as an approach to behaviours that challenge and also as an approach to teaching practical and academic skills.

❖ **Teaching New Skills: Experiential Workshop – Full day**

This experiential workshop is for staff with a direct contact role. It teaches the methods and approaches used for teaching new skills to learners. It covers key behaviour based trust building, how to prompt, shape and reinforce target behaviours which result in skill development. Candidates practice the skills during role play exercises.

In Development - Workshops for schools and families to attend to together where specific intervention plans are developed for identified children.

**For more information or to discuss your organisation or schools needs contact us on
0161 882 0637 or email us at info@redstonepbs.co.uk
www.redstonepbs.co.uk**

